



# Troy's California Trail Runs

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## Folsom Lake Falcon Crest Trail Run

April 4, 2020

Time: 7:30 am – Half Marathon, 8 mile, 10k and 5k

Location: Falcon Crest Parking Lot. El Dorado Hills, C A 38.7475842, -121.0596553

Course: These trails are one of my favorite places to train on & just be around.  
This race is run in the beautiful awesome foothills of El Dorado Hills, CA.

Aid Stations: Two fully stocked aid stations.

Directions: From Hwy 50 exit at El Dorado Hills Blvd: go underneath the Hwy drive on El Dorado Hills Blvd for 4 miles. At the Green Valley traffic light cross over Green Valley road onto Salmon Falls road. Drive on Salmon Falls road for 2.9 miles. Falcon Crest parking lot will be on your left.  
NO parking fee is required. Carpooling is encouraged.

Drop Bags: Leave the at the Start/Finish. Delivered the Fitch Way aid station turnaround.

Entry Fee: **\$60**/Half Marathon **\$50**/8 miles **\$45**/10k **\$40**/5k

Check or money order to: **TCTRRuns**

Mail application and fee to: **TCTRRuns, PO BOX 20952, San Jose, CA 95160**

**Add \$25 if you do want a t-shirt.**

Entry fees are non-refundable unless event is canceled. T-shirt cost, \$25 is non-refundable even if the event is canceled but you get the T-shirt if you ordered one.

Information: **Entry fees are non-refundable unless event is canceled. Pre-registered runners qualify to purchase a T-shirt for an additional \$25 if they register at least 2 weeks (two Mondays) before the Saturday events.** Applications must be received the Wednesday before the event.  
Active Military receive a 15% discount.



### Folsom Lake Falcon Crest Trail Run Application

Event Entered: Half Marathon 8 mi 10k 5k (circle one) T-shirt YES or NO (circle one) see above  
Amount Enclosed: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_  
\_\_\_\_\_

City, State, Zip \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

T-shirt Size Men's XS S M L XL XXL Women's XS S M L XL XXL

Waiver: I understand this entry contains limitations of my legal rights. I understand that I must be in the United States legally in order to participate in this event. In consideration of the acceptance of my entry, I do hereby, for myself and my heirs, executors and administrators, release and discharge Troy's California trail Runs, any and all sponsors and their representatives, successors, volunteer groups, advertisers, employees and individuals, USATF, and Federal, State and Local government or private parties on whose property this event may be run, responsibility any and all injuries or even death suffered by the participant due to participation in the event. I am physically fit and sufficiently trained for this event and assume all risks of such participation. I accept all rules, conditions and regulations and will comply with them. I understand that if the race is cancelled I may not receive a refund. I grant permission to race management to use any photographs, recordings or other records of this event for any legitimate purpose. Entry is not transferable.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_